



NATIONAL TRAILS DAY 2013

VALLEY FORGE, PA – On Saturday, June 1, 2013, Valley Forge National Historical Park hosted its 11th annual Trails Fair at the Betzwood Picnic Area in celebration of American Hiking Society's 21st annual National Trails Day®. National Trails Day is the country's largest celebration of trails, this special day invites Americans to get outdoors

and connect with local trails to take part in hikes, biking and horseback rides, paddling trips, bird watching, gear demonstrations, stewardship projects and much more. National Trails Day promotes the relationship between healthy parks and healthy people.

Trails enthusiast braved the extreme heat to join the celebration at Valley Forge NHP. This community event is an integral part of the Park's effort to continue to work hand and hand with environmental, conservation, trails and health organizations to help educate the general public about the many positive benefits that trails offer and how people can get involve to help preserve and enjoy them.

Free programs at Valley Forge NHP included guided hikes focusing on nature and history, bike safety and maintenance, art interpretation and orienteering. There was also a showcase of the latest in outdoor equipment and gear.

Individuals and groups volunteered to work with park staff to help remove invasive mile-a-minute, Japanese hops, Japanese knotweed, and mullein from about one acre along the River Trail. Volunteer also removed 15 bags of trash from trail corridors and park boundaries.

We want to give special thanks to all who volunteered and those who make this event possible. Thank you!

PARTICIPANTING ORGANIZATIONS:

Eastern Mountain Sports

Friends of Valley Forge Park

The North Face

L.L. Bean, Inc.

National Park Conservation Association



Appalachian Mountain Club

Schuylkill River National & State Heritage Area

Bryn Mawr Hospital

Cystic Fibrosis Foundation

Great Valley Nature Center

Delaware Valley Orienteering Association

The Franklin Institute

LA Fitness

Elks Lodge #714 of Bridgeport

American Hiking Society

Montgomery County, Parks Department

Boyscouts of America



**We look forward to 2014
National Trails Day on
Saturday, June 7th.**